

Eligible Items and Services

Qualifying Over-The-Counter (OTC) Items

Arthritis gloves	Cold/hot packs	Eye drops (Example: Visine)	Orthopedic shoe inserts
Bandages (Examples: Band-aid, Curad, Ace)	Contact lenses, materials, and equipment	First aid kits	Pregnancy test kits
Blood-pressure monitoring devices	Crutches	Gauze pads	Reading glasses
Blood-sugar test kits and test strips	Dentures, denture adhesives	Glucose-monitoring equipment	Support braces
Carpal tunnel wrist supports	Diabetic supplies (including Insulin)	Hearing aids	Thermometers
	Ear wax removal products	Medical monitoring and testing devices	Walkers

Potentially Qualifying OTC Expenses

A prescription must be completed by your physician. Not eligible for payment with the EBS Flex Card.

Acne treatment	Comtrex, Sudafed)	and drugs and medicines	Retin-A
Air conditioner	Compression hose	Humidifier	Rogaine
Air purifier	Cough suppressants (Examples: Pediacare, Robitussin, cough drops)	Incontinence supplies	Sinus medications (Example: Sudafed)
Allergy medicine	Decongestants (Examples: Dimetapp, Sudafed)	Insect-bite creams and ointments (Examples: Benadryl, Cortaid)	Special foods
Allergy treatment products; household improvements to treat allergies	Diabetic socks	Lactose intolerance tablets (Example: Lactaid)	St. John's Wort
Antacids (Examples, Maalox, Prilosec OTC, Zantac)	Diaper rash ointments and creams (Example: Desitin)	Laxatives (Example: Ex-Lax)	Sunburn creams and ointments
Antibiotic ointments (Examples. Bacitracin, Neosporin)	Diarrhea medicine (Examples: Imodium, Kaopectate)	Medicines and drugs	Sunglasses
Antihistamines (Examples: Benadryl, Claritin)	Dietary supplements	Menstrual pain relievers	Sunscreen
Anti-itch creams (Examples: Benadryl, Cortaid, Ivarest)	Eczema treatments	Motion-sickness pills (Examples: Bonine, Dramamine)	Throat lozenges (Examples: Cepacol, Chloraseptic)
Aspirin	Expectorants (Examples: Comtrex, Robitussin)	Nasal strips or sprays	Toothache and teething pain relievers (Example: Orajel)
Bactine	Fiber supplements	Nutritional supplements	Treadmill
Breast pumps	First aid cream	Pain relievers (Examples: Advil, Aspirin, Tylenol)	Vitamins
Calamine lotion	Glucosamine	Petroleum jelly	Wart remover treatments
Chondroitin	Hemorrhoid treatments (Example: Preparation H)	Prenatal vitamins	Wigs
Claritin, an allergy drug	Herbs	Probiotics	Yeast infection medications
Cold medicine (Examples:	Holistic or natural healers,	Rehydration solution (Example: Pedialyte)	

Ineligible OTC Expenses

Dental floss	Feminine hygiene products	Safety glasses	Toiletries
Deodorant	Hair colorants	Shampoos	Toothbrushes
Diapers or diaper service	Mouthwash	Shaving cream or lotion	Toothpaste
Diet foods	Perfume, Cologne	Skin moisturizers, hand lotion	
Face creams	Permanent waves	Soaps	

Eligibility rules for OTC items may change. Drug and Medicine items may require a physician's prescription, and may not be purchased with a Flex Card. The ability to purchase eligible items may vary by merchant and is dependent on the merchant's IAS system.

This is not a comprehensive list and is subject to change at any time and without notice. Items listed in each category may be reclassified into another category depending on future IRS guidance. Visit www.myebssaccount.com website for a complete list.

Eligible Dependent Care Expenses

- Care in your home, someone else's home, or in a daycare center for child care and/or eldercare. Licensing requirements may apply.
- Registration fees to a daycare.
- Before and after school care for children under age 13.
- Education expenses for a child not yet in kindergarten, such as nursery school expenses.
- Expenses paid to a relative are eligible, however, the relative cannot be under age 19 or a tax dependent.
- Day camp (not overnight) expenses if the camp qualifies as a day care center.
- FICA and FUTA payroll taxes of the daycare provider.

Note: This is not a comprehensive list.